

VALLEY FORGE NATIONAL HISTORICAL PARK

National Public Lands Day – *Helping Hands for America's Lands*

Sat. Sept, 28, 9AM-1PM

Rain or Shine

Welcome! Opening Ceremonies

8:30 am	Volunteer gathering and walk – in registration. Coffee and Breakfast snacks available courtesy of REI.
8:30 a.m. to 1:00 p.m.	Displays and Exhibits presented by Environmental and Conservation Organizations
9:00 a.m.	Musical Performance by the Youth Ambassador Program (YAP!) from New Bedford, MA Welcome to Day's Event- Superintendent Kate Hammond joined by guest speakers Announcement of the Friends of Valley Forge Park's Name the New Trail Bridge Contest Winner:
9:20 a.m.	Volunteers meet with project crew leaders



ENVIROMENTAL EXPO - Displays and Exhibits (corporate stewards, environmental, conservation and trails organizations)

8:30 am to 1:00 pm	Valley Forge National Historical Park, Hopewell Furnace National Historic Site, REI, Department of Natural Resources and Conservation, Energy Coordinating Agency, Great Valley Nature Center, Bryn Mawr Hospital, Stroud Water Research Center, National Park Conservation Association, Appalachian Mountain Club and United by Blue.
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HIKES (All hikes will start from the event tent.)

9:30 am to 11:30 am	Explore the Wonders of Nature and History - Valley Forge National Historical Park is abounds in bird life, with 216 species recorded in the Park, tall meadows and other various natural resources. Along the way learn about the cultural resources and historical events that took place at Valley Forge. Meet Rick Wolf, Park Ranger, Retired and park volunteer at the event tent located in the Visitor Center Lower Parking Area. Bring your binoculars!
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HEALTH & WELLNESS EDUCATION

8:30 am to 1:00 pm	Bryn Marw Hospital: Learn Sun Safety, Hydration, Lyme Disease Prevention and Good Nutrition tips. Blood pressures check for people 18 years old and older.
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CONSERVATION EDUCATIONAL CLINIC

8:30 am to 1:00 pm	STROUD: Visitors will learn the specific assets that trees provide. Learn about streamside forests and healthy stream. See live aquatic macroinvertebrates (I.e., insects, crustaceans), along with microscopes. Valley Forge NHP: "Ask the Biologist," learn about the natural resources at Valley Forge National Historical Park. Energy Coordinating Agency: Learn about storm water management and what you can do to conserve energy. Great Valley Nature Center: Come learn about wildlife that is located in urban settings and native to Pennsylvania.
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VOLUNTEER PROJECTS (Youth under the age of 18 will need a parent or guardian approval to participate.) Bring Gloves!

9:30 am to 1:00 pm	Volunteers will have the opportunity to make a real difference in the park by joining park staff to help with a variety of environmental and maintenance projects. To volunteer e-mail ernestine.white@nps.gov. Participants are asked to come prepared in appropriate attire, shoes, and to bring gloves.
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YOUNG FRIENDS OF VALLEY FORGE BLOCK PARTY

12:00 p.m. – 2:30 pm.	The Young Friends of Valley Forge Park invite volunteers and visitors back to the lower lot for food, fun, games, and more music from the Youth Ambassador Program (YAP!) as we celebrate another year of stewardship in our national parks! Make a donation and receive your choice of beef/veggie burger or hot dogs plus chips and a drink. Proceeds from the cookout support park initiatives and programs.
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For more information contact our National Public Lands Day Coordinator at 610-783-1029 or e-mail Ernestine_White@nps.gov
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